

Awe & Wonder



Key Questions / Critical Thinking:

What Do You Need To Survive?

- What is narration?
- What is 1st and 3rd person narration?
- Once our basic needs are met, how else can we look after ourselves?
- What is hygiene?
- Can you clean too much?
- What are the different food groups?
- What does each food group do for our bodies?
- What are vitamins and minerals?
- Can I help people in need?
- What is basic first aid?
- What can I do if I feel unwell?



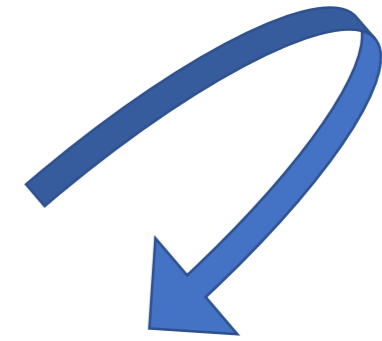
Evaluate & Innovate

Opportunities for Evaluation:

- Final writing piece. Evaluate your story narrated from an animal's perspective.
- To evaluate your recount – how effective is your diary entry?
- Evaluate your own life-style – is it healthy?
- To evaluate different forms of exercise and discover your own personal preferences.

Innovation:

- Make a fruit smoothie or ice lolly.
- Use your own personal preferences to make a playlist of your favourite songs.
- Using your play list, experiment with different dance moves to enhance your wellbeing.
- Write a diary for a day or a week.
- Research what different parts of your body do. Start off with your skin.



Aspire & Inspire

Hooks / Trips / Visits / Speakers:

- A first aid morning – children are taught how to use basic first aid.
- A virtual tour of a hospital.
- Cookery Morning – preparing healthy snacks/smoothies.

Real Life Links / Cross Curricular Learning:

- Pharmacists learn how to prepare and dispense medicines. They learn about how to treat common ailments and how medicines interact with each other. They can give advice about minor health complaints.
- Microbiologists study microbes. They look at microbes that are vital for us to stay healthy and microbes that can make us sick. Their research helps lots of different industries including medicine and health care.
- Chefs need to know about different food groups to prepare nutritious meals. They also use their senses produce food that tastes, smells and looks delicious.

Love of Learning:

I'm A Survivor Part II!

Diary of a Killer Cat
by Anne Fine

Effort & Progress

New Knowledge Learnt / Key Outcomes:

- To identify and use 1st and 3rd person narrative to retell stories from different perspectives.
- To write exclamation sentences that begin with how or why.
- To describe a simple food chain showing how energy travels from producer to consumer.
- To understand that different food groups are needed for different parts of our bodies.
- To explain what hygiene is and why it is important.

Skills Development:

- To write a text using the 1st person narrative voice.
- To name the food groups and their function as part of a healthy diet.
- To know that a balanced diet, good hygiene and regular exercise are vital for maintaining a healthy body.

