



Awe & Wonder



Key Questions / Critical Thinking:

What Do You Need To Survive?

What do animals need to stay alive?
 What would life be like if only our basic survival needs were met?
 What does it mean to thrive?
 Why do we do things that aren't essential to our survival?
 Survival is about our physical needs – should we look after our minds too? How?
 What is a healthy diet?
 How do trained individuals, like doctors and nurses, increase our chances of survival?
 How were hospitals in the past different to the hospitals that we have today?



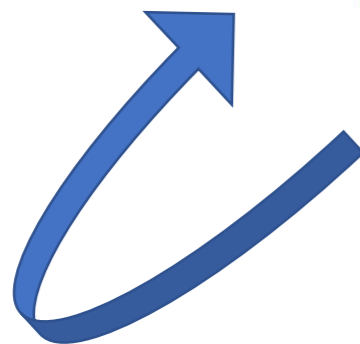
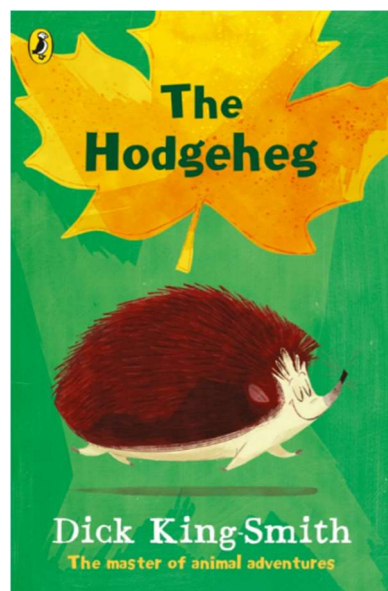
Evaluate & Innovate

Opportunities for Evaluation:

Final writing piece. Evaluate your dialogue inspired by characters from The Hodgeheg.
 To evaluate your explanation text – is it easy to understand? Does it explain the process being described?
 To evaluate a diet to make sure that it includes each food group.

Innovation:

Cook a meal that includes foods from all 5 food groups.
 Research how animals have adapted to extreme climates.
 Explore different forms of exercise that help your body to stay fit: endurance, strength, balance and flexibility.
 Learn how to contact the emergency services.
 Experiment with materials to find those that are best at keeping us warm.



Love of Learning:

I'm A Survivor!

The Hodgeheg
by Dick King-Smith

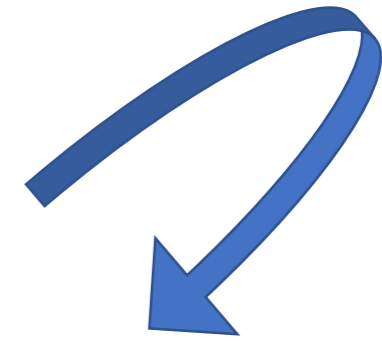
Effort & Progress

New Knowledge Learnt / Key Outcomes:

To describe the basic needs of animals.
 To analyse a meal and identify which foods have been used to make it.
 To classify foods and sort them into food groups.
 To design a healthy meal plan for one day.
 To compare how we live and survive now with the past.

Skills Development:

To identify food groups.
 To cut and prepare fruit and vegetables safely.
 To know what we need to survive and improve our health and fitness.



Aspire & Inspire

Hooks / Trips / Visits / Speakers:

Virtual visit from Florence Nightingale and Mary Seacole
 Visit from a doctor/nurse/vet to talk about their career.

Real Life Links / Cross Curricular Learning:

Doctors – study the needs of a human body and learn how to treat different illnesses that affect them.
 Veterinarian – a person qualified to treat diseased or injured animals. They study animals to make sure that they know the diet and conditions that animals require to survive and thrive.
 Psychologists – study mental states. They help people to achieve a healthier mental state by using 'talk therapies' to help them identify and work through their problems.
 Nutritionist – can help people to make sure that they are eating a balanced diet that includes all the things that a healthy body needs.

