



## Parent/Carer Autism Online Workshops

Whether your child is awaiting a diagnosis or has already been diagnosed, these workshops are a great opportunity to learn more about Autism & ask questions within a supportive group of other parents & carers.

- **Week 1 - An introduction to Autism**

An opportunity to explore what Autism is, the many strengths and the differences that make each child so wonderfully unique.

- **Week 2 - Communication**

Identifying what communication is and the different communication methods that may be helpful for Autistic children.

- **Week 3 - Sensory Processing**

Explaining the 8 sensory systems, how the environment can impact on a child with sensory processing differences/challenges and strategies to meet an individual's sensory needs.

- **Week 4 - Pathological Demand Avoidance**

A look into the interesting subject of PDA, how this may present and what is the best approach to take to avoid conflict.

**Workshops will be held on a Monday evening from 7:30-8:30pm via Zoom.**

You can benefit from all 4 workshops for just £100 and you will receive a certificate of attendance after the final workshop.

We are only running the 4-week programme in February, March and April.

**To book your place...** Email [enquiries@theautismtrainingnetwork.com](mailto:enquiries@theautismtrainingnetwork.com) with the month you would like to attend, and you will be sent the link to book on.

