



# Ready Steady School

## Workshop

Will my child be ready for school when the time comes, physically and emotionally?

What does school readiness actually mean?

What will I need to do to make sure my child and the family are prepared?

How will I cope when my child starts school?

### What does this workshop cover?

- What School Readiness is through The Ready Child, Ready Family, Ready School model
- Brain development
- Emotional support for your child
- Supporting your child in their learning journey
- Developing an effective partnership with school

Come along to Hampshire Healthy Families FREE workshop to find out more!

**Tuesday 21st May**  
**6pm – 7.30pm**  
**The Priory Primary School**

For general information of all our free workshop & course sessions in the community visit our website or email us at [hfh@barnardos.org.uk](mailto:hfh@barnardos.org.uk)

[www.hampshirehealthyfamilies.org.uk](http://www.hampshirehealthyfamilies.org.uk)



Hampshire Healthy Families



[hampshire\\_healthy\\_families](https://www.instagram.com/hampshire_healthy_families)



[@Hantsfamilies](https://twitter.com/Hantsfamilies)