

PSHE in Spring Term 1 - 2025



As we begin 2025 and the new Spring term, the focus for the next 6 weeks in PSHE lessons across the school from Reception to Year 6 is **'Keeping Safe'**.

All of the children will learn through a series of lessons that address how they can keep themselves safe, from learning what is safe to put on and in their bodies in Reception, recognising and having strategies to deal with bullying in Year 5 to understanding the risks and legality of communicating online in Year 6.

Included with this week's section is a copy of the learning intentions and skills that the children will develop over this half term, as well as a way to see how this learning and the skills that they gain progress across their time at primary school.

USE THE COPY OF THE SPREADSHEET - LINK TO IT?

For this unit, we would like to share the link to activities that you can do at home to reinforce what the children are learning at school to help keep themselves safe.



About SCARF at Home

These family-learning resources provide age-appropriate activities based on SCARF PSHE (including RSHE) themes for children and parents to do together – no password required. The resources will:

- Help embed and enhance key concepts of SCARF's themes with activities to encourage children to think and reflect
- Focus on positive themes that are helpful for parents to discuss with their child
- Provide family-friendly activities that promote discussion

UNIT 3 Spring Term 1 : Keeping Safe

- Children will explore the different ways they can keep themselves safe, including online. They'll be learning skills in assertiveness, recognising the influence of friends, and also how to think critically about the decisions they can make to help themselves manage risks safely.
- Link to share with parents/carers, giving them access to the activities:

<https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe>

SCARF at Home

Keeping safe

We cover safety aspects from statutory Relationships Education, including helping children to identify trusted adults in their lives, what to do when faced with a dilemma, and recognising appropriate and inappropriate touch.

